

Human Growth and Development

Letter to Me

May 15, 2020



Lesson: May 15, 2020

Objective: Students will be able to reflect on their teenage years.

Learning Target: 13.1.1



How to do assignments:

If you created a google doc last week, continue on it. If you did not, then:

-Create a google doc.

-Put today's date and the lesson topic

-Put the questions and answers under that date. (You may need to copy the questions from the lesson and paste them into your doc)



This week has been about adolescence, or teenagers.

Today, you are going to reflect on your own teenage years after week of learning about the development of teenagers.

Watch and listen the following music video. You will use this as the idea to your assignment on the next slide.

If I Could Write a Letter to Me



Your assignment is to write a letter to yourself reflecting on your teenage years. Below is the instructions and topics to write about.

Letter to Me